



Northampton Aquatic & Family Center
@ JFK Middle School, Bridge Rd. Florence



Adult Open Gyms

Spring 2007

Open Basketball

What better way to fight stress and stay fit? Come take part in pick-up games in our gym. For ages 17 & up.

Women's Gym

Tuesdays 7:00 - 9:00 pm

Men's Gym

Sundays 10:00 am - Noon

Open Volleyball

Get together for some healthy play. Fight stress, stay fit, and have fun!

Saturdays

12:15 - 2:00 pm

Location: Aquatic & Family Center

Fee: Free / \$2 / \$3

Fees listed in the order of Member / Non-Member / Non-Member, Non-Resident

AFC @ JFK Middle School, 100 Bridge Rd., Florence
Office hours: Mon-Fri 4-8 PM & Sat and Sun 10-5 (587-1046)
Northampton Recreation Dept., 90 Locust St, Northampton
Mon-Fri 8:30 AM-4:30 PM- 587-1040.

www.northamptonma.gov/recreation